

# Curriculum Vitae: Andrea Dell'Isola, Associate Professor

## GENERAL INFORMATION

Current Position: 2023 – ongoing: **Associate professor** (docent), department of Clinical Sciences, Clinical Epidemiology Unit, Lund University (Lund, SE)  
 2019 – ongoing: **Lecturer**, University of Genoa, Master in the rehabilitation of musculoskeletal disorders (Savona, IT)

## EDUCATION

2019: **Postgraduate Certificate in Learning, Teaching & Assessment Practice in Higher Education** (30 ECTS), Edinburgh Napier University (Edinburgh, UK)  
 2018: **PhD Life Science**, Identification of clinical phenotypes in the knee osteoarthritis population, Glasgow Caledonian University (Glasgow, UK)  
 2016: **Postgraduate certificate in Research methods** (30 ECTS), Glasgow Caledonian University (Glasgow, UK)  
 2014: **MSc, Musculoskeletal Rehabilitation**, University of Genoa, (Genoa, IT)  
 2012: **BSc Physiotherapy**, University of Eastern Piedmont (Novara, IT)

## PROFESSIONAL EXPERIENCE

2020 - 2022 **Postdoc**, Lund University, Clinical Epidemiology Unit, Department of Clinical Sciences Lund (Lund, SE)  
 2018 - 2020 **Postdoc**, Lund University, Department of Clinical Sciences Lund, Orthopaedics (Lund, SE)  
 2018 - 2018 **Lecturer**, Edinburgh Napier University, School of life science, (Edinburgh, UK)  
 2015 - 2019 **Teaching assistant**, University of Genoa, Master in the rehabilitation of musculoskeletal disorders (part-time) (Savona, IT)  
 2016 - 2017 **Teaching assistant**, Glasgow Caledonian University (Glasgow, UK)  
 2015 - 2018 **PhD fellow**, Glasgow Caledonian University (Glasgow, UK)  
 2015 - 2015 **Teaching assistant**, Fontys (Eindhoven; NL)  
 2012 - 2015 **Physiotherapist**, the department of Orthopaedics "Ospedale Maggiore Della Carità" (Novara, IT)

## PUBLICATIONS: 51 publications, >40% as first or last author

– Scopus: h index: 17; total citations: 836  
 – Google Scholar: h index: 18; total citations: 1,311

## GRANTS & SCHOLARSHIPS as main applicant

2023 Scholarship, Visiting professor University of Turin  
 2023 - 2027 Grant (main applicant): Vetenskapsrådet 6 000 000 SEK  
 2022 - 2023 Grant (main applicant): Kock Foundation; 150 000 SEK  
 2021 - 2022 Grant (main applicant): Kungliga Fysiografiska Sällskapet i Lund; 65 000 SEK  
 2021 - 2022 Grant (main applicant): Kock Foundation; 50 000 SEK  
 2019 - 2020 Grant (main applicant): Kock Foundation; 150 000 SEK  
 2018 - 2019 Grant (main applicant): Kock Foundation; 150 000 SEK  
 2015 – 2018 Scholarship, European Union's Seventh Framework Programme (FP7-PEOPLE-2013-ITN) under grant agreement number 607510  
 2014 – 2015 Scholarship, Faculty of Medicine. Università del Piemonte Orientale, Novara (IT)

## Supervision

Main supervisor for PhD students: Filippo Recenti, ongoing (completion expected 2027)  
 Simone Battista; completed (July 2023)  
 Co-supervisor for PhD students: Henrietta Fawole; completed (July 2021)  
 There Jönsson; completed (March 2020)

Main supervisor Master thesis: Successful supervision of 14 master students. Currently supervising 2 students

## AWARDS

17/03/2023: Osteoarthritis & Cartilage Open publication of the year: Dell'Isola A, Turkiewicz A, Zhang W, et al. The association between preexisting conditions and osteoarthritis development in peripheral joints: A population based nested case-control study. Osteoarthritis and Cartilage Open 2022; 4: 100265.

## INVOLVEMENT IN RESEARCH SOCIETIES

- Liaison Manager: OARSI Early Career Investigators committee
- Chair: OARSI Multimorbidity discussion group
- EULAR: author of the EULAR Online Course for Health Professionals in Rheumatology (Module 2, Osteoarthritis)

## INVITED PRESENTATIONS (last 5 years)

- Rheumatic diseases and multimorbidity: the exception or the norm?, **EULAR**, Milan (3/06/2023)
- Improving the adherence towards exercise by tailoring the recommendations on patients' characteristics, **EULAR**, Copenhagen (4/06/2022)
- Digital vs face-to-face delivery of exercise for knee and hip osteoarthritis - **ACCO** (Asian conference of cartilage and osteoarthritis) 2022, Seoul 27-28/10/2022
- Improving the adherence towards exercise by tailoring the recommendations on patients' characteristics, **EULAR**, Copenhagen (4/06/2022)
- Exercise dosage in musculoskeletal disorders - **SIF** (Italian society of physiotherapy), Venice (26/10/2019)
- Exercise for chronic neck pain -Pre-conference workshop – **Pain in Motion**, Savona (IT) 31/05/2018
- The conservative management of hip and knee osteoarthritis - **SIR** (Italian Society of Rheumatology) National Congress. Rimini (IT) 24/11/2018
- Searching for phenotypes - **GTM** (Italian society of Manual therapy) national congress. Bologna (IT) 23/06/2018

## Outreaching events

**Joint Action podcast:** Digital interventions for osteoarthritis with Dr Andrea Dell'Isola; Season 4, Ep. 2; Sunday, January 22, 2023 (<https://www.youtube.com/watch?v=ZcZsDPLuoVA>)

**EpiHealth:** Vi blir äldre och tyngre – sjukdomen artros ökar - intervju med Andrea Dell'Isola (<https://www.epihealth.lu.se/artikel/vi-blir-aldre-och-tyngre-sjukdomen-artros-okar-intervju-med-andrea-dellisola>)

**MDedge rheumatology:** High comorbidity rate seen before osteoarthritis diagnosis. (<https://www.mdedge.com/rheumatology/article/253751/osteoarthritis/high-comorbidity-rate-seen-osteoarthritis-diagnosis>)

## REVIEWER WORK

### Abstract reviewer for international conferences:

2022 - ongoing: Oarsi 2023

### Editorial board member:

2022- ongoing: Academic Editor PLOS ONE (<https://journals.plos.org/plosone/static/editorial-board>)

2020 - ongoing: Editorial board member Archives of Physiotherapy (<https://archivesphysiotherapy.biomedcentral.com/about/editorial-board>)

### Reviewer for:

Journal: Archives of Physiotherapy, Arthritis Care & Research, BMC Musculoskeletal, British Journal of Sport Medicine, European Journal of Physical and Rehabilitation Medicine, Journal of Orthopaedic Research, Osteoarthritis & Cartilage, Osteoarthritis & Cartilage Open, Physiotherapy Theory and Practice, Rheumatology, RMD Open, Scandinavian Journal of Primary Health Care, Scientific Reports